

Dawn

Age: 41

Profession: Nurse Practitioner

Star sign: Aries

Favourite food: Good roast dinner

Favourite exercise: Dancing

What makes you the most happy? Spending time with my husband and daughter.



The Clot Story

At what age did you have your first clot? 37

Where were your clots? Brain, cerebral.

What caused your clot? They don't know but think it was linked to the combined contraceptive pill.

What has changed for you emotionally and physically since having your clot?

I think the realisation of mortality, suddenly you're not invincible, and it knocked my confidence as well. With a thrombosis it's a scary life threatening event, with every pain afterwards you wonder if it's another clot. It's not a visible illness. It's about living life without thrombosis taking over it. Drs don't tell you that you won't necessary go back to being the you that you were before but that you can be the new you and lead a full life.

Did it change your life? And if so for better or for worse? It has changed my life, I don't know if it's better or worse it's different. It's made me a bit stubborn.

Why do you want to raise awareness of blood clots? DVTs and PE's are talked about cerebral thrombosis are not so much. They talk about clots in older peoples legs, but clots affect people in lots of different way in lots of different parts of their bodies and the psychological impact it has.

If a friend or family were to describe your journey what would they say?

“A bloody tough one! Not only for you but also your family! On top of all the worry your medical care was so disgraceful from your local hospital you had to research and source a good practitioner who would/could help! I could go on as I now have my soap box out but I won't!”



Thrombosis UK

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